



Annual Review 2025



SERVING BLANDFORD FORUM AND THE SURROUNDING VILLAGES

Supported by charity



Faithworks works alongside people, practically building hope and resilience

At Faithworks we believe that no one should be alone on their journey when life is hard.

We run practical projects around food, finance, homelessness and lone parenting in urban Dorset, collaborating with councils, other charities and local churches.

We want every single person locally to be within 15 minutes of a place of welcome that radiates life, community and immediate help.

"I can eat! It's been a God-send. If I didn't have this I couldn't pay any of my bills." - Larder Guest

Contact Nourish

Email: nourish@faith-works.org.uk

Address: United Reformed Church, Salisbury Street, Blandford, DT11 7PY

Phone: 01258 456093

Find out more at: faith-works.org.uk or scan the QR code



Charity no: 1108714 – Company no: 5077777



2,177

NUMBER OF SHOPS COMPLETED BY COMMUNITY LARDER MEMBERS

£276K+

DEBT ADDRESSED BY THE FAITHWORKS CMA TEAM

274

PEOPLE SUPPORTED THROUGH THE COMMUNITY LARDER

647

PEOPLE SUPPORTED BY THE FOODBANK

166

HOUSEHOLDS SIGNED UP AS COMMUNITY LARDER MEMBERS

494

EMERGENCY FOOD PARCELS

"I am now saving £200 per month since doing the Money Course." - Nourish Guest

"I'm a single Dad with 3 children - [the Larder] massively, balances out money... I use it when I need it. When I have lots of bills in one month then I can come here and know I can still afford food." - Larder Guest

Jo's Story

Jo initially came to us in need of a food parcel, whilst she used these for a short time we helped her on to the Larder, she completed cookery courses, and the money course, accessed additional support and then became a valued volunteer, she's now back in work and no longer uses the larder. Although we miss not seeing her at Nourish and having her volunteer with us - we are so proud of how far she has come!

"I cannot thank Nourish enough. When I was struggling mentally and financially, they were there for me, not just to help with food but to offer advice, support and a listening ear.

They are always smiling and friendly and would see what else they could do to support me.

Through Nourish I have managed to do the Money Course which has been very beneficial. It's helped me to learn how to budget and get myself back on my feet.

I haven't used Nourish for a few months now because I'm in a better place mentally and financially, but I know that if times are hard, they'll be there to help me again."

The strength of community in providing support and transformation.

As Nourish continues to grow and evolve, this past year has been a powerful testament to the strength of community, the dedication of our volunteers, and the impact of walking alongside people in need.



Our Community Café is a hub of connection, support, and transformation. Many return not just for practical help, but for the sense of belonging they find here.

This year, we introduced a monthly community meal, bringing people together to share food, stories, and joy.

We've seen our team expand, adding fresh energy and skills. Our volunteers remain the heartbeat of Nourish, offering their time, compassion, and consistency to ensure everyone who walks through our doors is met with dignity and care.

We've also opened our doors to more agencies, strengthening our holistic approach. Our partnership with the CMA team remains key, with Money Advisors helping individuals navigate financial challenges and rising costs. This work has been enhanced by our new Financial Resilience Worker, who introduced a practical money course to equip people with tools to manage their finances confidently and sustainably.

Seventy-five people have moved from needing the Foodbank to using the Larder, and 30 now feel confident managing independently. These aren't just numbers - they represent lives changed, hope restored, and futures reclaimed.

At Nourish, we are about more than food. We are about mercy, hope, and walking with people through crisis until they're ready to thrive. It is a privilege to journey with so many and witness the transformation that happens when people are truly seen, supported, and empowered.

Sophie, Heidi & Emma
Sophie, Heidi & Emma,
Nourish Community Larder & Foodbank Team

Regular donations help us to plan long-term

Regular giving can be set up using our bank details below:

Bank: CAF Bank Account

Sort code: 40-52-40

Account number: 00034964

Alternatively scan the QR code to get started.



A standing order and gift aid form can be downloaded from our website at:

faith-works.org.uk/get-involved/donate/
Or phone the office on 01202 429037.

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Nourish supports Blandford & the DT11 area

FAITHWORKS



2025: Services We Provide

 Nourish Community Larder & Foodbank

1 Emergency Food

We provide food parcels which contain around a week's worth of food, including fresh fruit, vegetables, eggs, bakery items, toiletries, cleaning products, baby essentials and pet food.

52% of Food PARCELS go to the surrounding villages of Blandford

2 Community Larder

Our social supermarket provides affordable food and household essentials to those struggling to make ends meet through debt, illness or low income, and living in the DT11 area.

242 CHILDREN supported through the Community Larder

3 Faithworks CMA* (Community Money Advice) & Financial Resilience

Our team of Money Advisors work alongside people to overcome financial difficulties through budget support & debt advice. Our Money Course also equips people to develop healthier money management habits.

FCA FINANCIAL CONDUCT AUTHORITY *Regulated and authorised by the Financial Conduct Authority.

16 PEOPLE Attended the Money Course

4 Community Lunches

Newly launched and popular with all ages! Our healthy, low-cost lunches provide a welcoming space for those who might otherwise eat in isolation.

LAUNCHED this YEAR!

5 Cookery Course

Launched this year with support from The Friendly Food Club and dedicated volunteers, the programme saw 24 participants complete its 3-week course in first two months, building budget-friendly cooking skills and friendships.

LAUNCHED this YEAR!

6 Holiday Bags

We provide vital extra food to families during the school holidays - including fresh fruit, vegetables, and essentials. In October, we also share Bedtime Bags with preschools, each including a handmade teddy from local volunteers.

390 Holiday BAGS

Download the Bank the Food App to stay up to date with our most urgent food needs when shopping.

We are proud to partner with:

- ACTS435
- Citizens Advice Dorset Energy Bus
- Digital Champions
- GP Surgery Wellbeing Team
- SNG Employment & Skills
- SNG Pantry Partnership
- The Friendly Food Club
- The YOU Trust
- Victim Support
- Wardrobe Foundation
- Local churches and schools



Download from Google Play



Download from the Apple store

"I don't know what I'd do if you weren't here!"

Looking Ahead With Gratitude & Hope

We are continually inspired by the incredible team of volunteers who give their time, energy, and compassion to make Nourish what it is. Their commitment is the foundation of everything we do. We're also incredibly grateful to our donors - those who give financially, and those who regularly add extra to their weekly shop. Every act of generosity makes a real and lasting difference!

Thanks to this ongoing support, we look ahead with hope and confidence. With our monthly community meals already bringing so much joy, we look forward to building these into our regular rhythms of connection and celebration. We hope to increase our communications with the local community and strengthen our partnerships with Blandford and beyond.

We're excited to see Nourish grow in its reach and support over the coming year as we continue to provide relational, practical and spiritual support through the wide offering at Nourish. Together, we are creating a place where people are seen, supported, and empowered to move forward. Thank you for being part of the journey.

How you can further support us:

- **Partner** - we're looking for local businesses to partner with us in keeping the Larder stocked and ready to support those in need. Your support can make a real difference in the lives of local families.
- **Donate** - we rely on the generosity of our community, both in regular financial giving and donations of food and household essentials. Every contribution, big or small, helps us continue to walk alongside those who need it most.

Regular donations of the below items help us to stay well-stocked. Donations can be made at Morrisons, Lidl, Tesco & Coop:

- Coffee/ Tea
- Deodorant
- Rice and Pasta
- Shampoo & Shower Gel
- Squash
- Tinned Fish
- Tinned Hot Dogs
- Tinned Meat
- Tinned Vegetables
- Toothpaste & Toothbrushes
- UHT Milk