



Annual Review 2025

POOLE Lifecentre & Foodbank

Supported by charity

FAITHWORKS

LISTEN | GIVE HOPE | ACT | INSPIRE

FAITHWORKS WORKS ALONGSIDE PEOPLE, PRACTICALLY BUILDING HOPE AND RESILIENCE

At Faithworks we believe that no one should be alone on their journey when life is hard.

We run practical projects around food, finance, recovery, homelessness and lone parenting in urban Dorset, collaborating with councils, other charities and local churches.

Contact Poole Lifecentre & Foodbank

Address: St James' Church Centre, Church St, Poole, BH15 1JU

Phone: 01202 672694

Email: poolefood@faith-works.org.uk

Open Hours:

- Tuesday – Thursday, 9.30am – 12.30pm
- Friday, 9.30am – 12pm

"I didn't know the meaning of the word community until I walked through the doors of Poole Lifecentre"

Find out more at:

faith-works.org.uk
or scan the QR code



Charity no: 1108714 – Company no: 5077777



5530

FOOD PARCELS ISSUED BY OUR 6 FOODBANK HUBS

7089

VOLUNTEER HOURS

1247

HOUSEHOLDS SUPPORTED

2K+

LOCAL CHILDREN SUPPORTED

357

HOUSEHOLDS WITH LIFECENTRE WRAPAROUND SUPPORT

£463K+

DEBT ADDRESSED BY THE FAITHWORKS CMA TEAM

Noah's Story



9 year old Noah and his Mum came to us for support when their lives changed in an instant. Like so many who walk through our doors, they never imagined they would ever need a Foodbank.

Fast forward, and they're now back on their feet, and what did Noah do? This wonderful young boy decided he wanted to say thank you and give back to the very community that stood by his family when they needed it most.

With his own pocket money, Noah put together beautiful baby hampers for families coming to us today. He wanted to bring a little joy, a little comfort, and a reminder that there are people who care.

Noah, you are amazing! Thank you for showing all of us what kindness in action looks like.

"Before I came across the Lifecentre I had no hope but now, I can see the light and I am truly grateful for the support I have received."

Poole Lifecentre & Foodbank - a place where lives can be rebuilt.

At Poole Lifecentre & Foodbank, we believe that hope grows when people know they are not facing life's challenges alone.



Food is often the first doorway, but it's never the whole story. Under one roof, people find not only a lifeline of practical

help, but also the partnerships, relationships, and encouragement that make new beginnings possible.

This year, we've walked alongside people facing rough sleeping, poor health, bereavement, domestic violence, debt, unemployment, and the everyday struggles of family life.

Mark, Emma, and John* each came through our doors for food support, but left with far more: safe housing, restored family connections, stronger mental health, and renewed confidence to get work.

We could not do this without the strength of our partnerships and the generosity of people like you: our community.

Together, we are showing that Poole Lifecentre & Foodbank is more than bags of food: it's a place where lives can be rebuilt.

*Not their real names

Smith
With thanks from Illana & all the volunteers at Poole Lifecentre

"I can't believe the help and support I have received that moved me from being homeless to having a place I can now call home."

Regular donations help us to plan long-term

Regular giving can be set up using our bank details below:

Bank: CAF Bank Account

Sort code: 40-52-40

Account number: 00034948

Alternatively scan the QR code to get started.



A standing order and gift aid form can be downloaded from our website at:

faith-works.org.uk/get-involved/donate/
Or phone the office on 01202 429037.

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FAITHWORKS



Thank You & Looking Forwards

This year, Poole Lifecentre & Foodbank has been more than a place of emergency help, it's been a space where journeys begin and futures take shape.

Every food parcel, practical uplifting course and conversation has been part of a bigger story: helping people move from crisis toward confidence, and away from dependency into independence.

Every single one of these journeys started with someone needing just a 'tin'. Through your donations, that tin became a connection, that led to partner support, which led to using your contributions, to walk with them on their journey from reliance to resilience.

Looking ahead to 2026, our vision is to deepen this work. We will grow Poole Lifecentre & Foodbank as a hub for practical support, relational care, and community resilience. Offering workshops, wellbeing activities, and partnerships that empower people to thrive. Together, we'll continue to listen, give hope, act, and inspire, helping every person move forward with dignity and purpose.

Thank you for standing with us. Your support means that Poole Lifecentre & Foodbank is not just meeting needs, it's building futures.

Regular donations help us to go beyond food parcels to provide more substantial help to those we support. Simply scan the QR code or see our donations section overleaf to get started...



2025: Services We Provide



Poole Lifecentre & Foodbank



Satellite Hubs

1 Emergency Food

Our food parcels contain around a week's worth of food, including fresh fruit, vegetables, eggs and bakery items for individuals, couples and families experiencing food poverty.

EMERGENCY
8,259
MEALS

2 Community Meals

Our weekly community meals offer a welcoming space for friendship, laughter, and hope. They foster connection and provide a sense of belonging that uplifts all involved.

3 Debt Advice & Budget Support

Our Money Advisors work with people to overcome financial difficulties. We are regulated and authorised by the Financial Conduct Authority.



197
APPOINTMENTS
this year

4 SMILE Lone Parent Families

We provide a safe space for the SMILE project to meet and connect with partner agencies.

LONE
Parent
SUPPORT

5 Money Course

Launched this year in partnership with Faithworks Financial Resilience, the Money Course, equips individuals with the practical skills and confidence to manage their finances.

6 Inhouse Partners

These have been vital in delivering holistic support. Together we can turn challenges into opportunities, creating a space where everyone can have hope and dignity.

Partner Organisations

Our informal cafe-styled hub provides a safe space for agencies to meet those in need of advice and further support.

We are proud to partner with:

- Shelter (housing and homelessness advice)
- BCP Family Information Services
- Victim Support
- Access Wellbeing
- Live Well Dorset
- The Energy Advice Team
- ARA (Gambling Addiction)
- Parent Champions (SENDIAS)